

Hot-footing to NYC

IF ANYONE should know how not to put a foot wrong in the New York Marathon, that person should be runner Lindsay Fitzgerald.

Lindsay is a trained musculoskeletal podiatrist and has treated many runners and sports stars.

Now the 30-year-old, from Walkden, is testing out her own stamina in the New York race, on Sunday, November 4, in her first full marathon.

Lindsay, who works for Knowsley Primary Care Trust, as well as running Axis Podiatry, her own sports injuries treatment clinic, is hoping to raise over £1,500 for Bowel Cancer UK.

She said: "I have been running since 2004 and have completed quite a few half marathons and decided I should have a go at my first full marathon this year.

"As I work as a musculoskeletal podiatrist I treat a lot of runners and heard that New York would be the best one.

"The route takes in some of the city's most famous landmarks, ending in Central Park.

"Apparently, the atmosphere is terrific, with people cheering you along, music, entertainment and lots going on.

"I am funding my flights and accommodation, so all of the money I raise will go straight to the charity.

"I chose Bowel Cancer UK because my uncle Tommy Fitzgerald died from the disease, and also because talking about our bowels is something we often shy away from and that is why it can often go undiagnosed, yet it is one of the most treatable forms of cancer if caught early enough."

As part of her training, Lindsay will be doing the annual half marathon for the Royal Manchester Children's Hospital, at Pendlebury, a race organised by Swinton Running Club which takes place on Sunday, September 30.

Anyone who wants to add to the sponsorship can contact Lindsay on her charity website: www.justgiving.com/linzfitz.



LINDSAY Fitzgerald, from Walkden, in preparation to run the New York Marathon in November



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